



# SPARTANSGX

@ROOTSAQUATICSANDFITNESSCENTER

## TRAIN WITH PURPOSE

**SEPTEMBER 21ST-  
NOVEMBER 13TH**

Fenway Park Spartan  
Stadium 5K  
Nov. 14th, 2021

### INCLUDES

- Prep for real Spartan Race challenges including wall climbs, monkey bars, ladders, ropes and more!
- 1-2 hour training sessions for 8 weeks
- Free Roots Renegades Team Race Shirt
- Assistance with race sign up
- Personal Coaching from a Spartan Certified Coach

### TRAINING SESSIONS

- Tuesdays: 5:30a - 6:30a at RAC Track OR  
Tuesdays: 6:30p - 7:30p at RAC Track
- Saturdays: 8:00a - 9:00a at Roots Strength Room

\$ 165 - Member | \$ 205 - Non Member  
\$89 - Ultimate Member

**LIMITED SPACE, REGISTER TODAY!**

Call 413-568-2782 or email [jeremy@rootsaquatics.com](mailto:jeremy@rootsaquatics.com)

